

What changes under “safer at home”?

Salons, tattoo shops, personal trainers, dog groomers and other one-on-one personal services, as well as elective medical services such as dental offices, will be able to reopen **May 1**. But they will have to follow strict safety guidelines.

Offices can bring back up to 50% of their employees to work in-person starting Monday, **May 4**, if they can follow social-distancing guidelines. They're also urged to put symptom-monitoring protocols, including employee temperature checks, in place.

But if offices can keep operations running remotely, they should do that instead, the governor has stressed.

Does everything open back up?

- No. Bars and restaurants will remain closed except for takeout and delivery, with a goal of reassessing their opening to in-person sometime in mid-May, though that's not certain.
- Gyms and spas also will remain closed.
- Gatherings of more than 10 people, including concerts and theatrical productions, are still prohibited

What do businesses that reopen have to do?

Businesses will have to continue to maintain at least 6-foot distances for customers and employees, sanitize their public spaces and make sure they have proper ventilation. You can expect your hairstylist and other employees to be wearing masks. More touchless payment options are encouraged. Other guidelines are coming soon.

What does it mean for me?

Colorado's stay-at-home order expires at the end of the day Sunday, **April 26**. That means residents no longer will be required to stay in their homes except to leave for essential things like groceries or to exercise near home. But Polis has urged Coloradans to still stay at home, and work from home, as much as possible under the new “safer at home” phase.

Especially if you're among a vulnerable population, including older Coloradans, your May shouldn't look any different than your April, Polis has said. **Stay home unless you absolutely have to leave**. Use hours set aside for vulnerable populations if you absolutely have to shop. It may be disappointing that you still can't hug your grandchildren, Polis acknowledged, but it will be worth it in the long run.

Group gatherings of 10 or more are still prohibited. You should reduce social interactions as much as possible to only include people in your household, maintain social distancing of at least 6 feet, and keep washing and sanitizing.

You can go outside to exercise, but keep to solo activities or activities with other people in your household, avoiding contact sports. You shouldn't travel more than 10 miles from your home to recreate. All nonessential travel has to be limited.

If you're sick, don't go to work.

Some local counties or municipalities may have stricter restrictions than the state, while others could relax guidelines with state approval.

Should I still wear a mask?

Yes. The governor has stressed that mask usage should actually increase under "safer at home," as people begin going out more and are around others more often. To date, the state has only required essential workers, such as grocery store employees, to wear masks. For the general public, it's a strong recommendation.

What isn't changing under "safer at home"?

It's not a free-for-all, Polis said. And it's definitely not a return to normalcy.

These guidelines depend on people taking personal responsibility, Polis stressed. But it's not time to leave the house constantly and spread the virus, to take a vacation, to host or attend parties or barbecues, to play pick-up sports, or to hug or shake hands with people, according to the governor's office.